

Belvoir Special School Newsletter



38 Gayview Drive, WODONGA, 3690

Dear Parents/Carers/Friends,



This week Belvoir has taken the opportunity to celebrate all our Educational Support (ES) staff as part of Australian Teacher Aide Appreciation Week. Australian Teacher Aide Appreciation Week is the perfect time to celebrate the wonderful work all our Educational Support (ES) staff do in our schools. During this week-long celebration we have held an afternoon tea and our students have created cards and mugs to acknowledge and show their appreciation. ES staff perform a range of roles across the school, from being in classrooms, working in the office, driving buses, all of our Allied Health and wellbeing staff and even working in the grounds or on all of the computers across the school. We certainly could not run the school without all of their hard work, and we thank them all for their wonderful contributions and the positive impact they have on the lives of students, teachers and families.



Father's Day Breakfast

Thank you to all the people who came along to our annual Father's Day breakfast. It was wonderful to see our students and their fathers, grandfathers or families/friends join with others to share a bacon and egg roll and a cup of coffee or tea. I would also like to thank the staff who came in early to assist in making this event so successful.

Pennie Moffat—Principal

2023 DATES TO REMEMBER

Thursday 7th Sept

Dress in yellow for R U OK DAY!
& Whole school assembly 2.10pm

End of Term Date

Friday 15th of September 2pm
Finish. Sports Colour Day, Dress
in your favourite teams colours.

School Council Finance 5th
September Time: TBC

School Council General 6th
September Time: 6pm

Dyson's Buses

PHONE NUMBERS

BUS 1: 0460 935 609

BUS 2: 0460 875 492

BUS 3: 0460 896 490

BUS 4: 0460 869 012

Belvoir Bus: 0431 756 813



ROOM 1 NEWS

Cas, Madi and Marnie



Another super busy time in Room 1. It was lovely to catch up with all the parents and carers at our recent SSG meetings. During Literacy we have looked at the focus books 'Farmer Duck', 'Possum Magic', 'How the Birds got their Colours' and currently 'The Rainy Day'. We also enjoy many other books and regularly use the Epic reading program on the iPad to explore areas of our own interest. We have continued to work through the alphabet letters with a focus letter being featured for each week and enjoy thinking of all the words that begin with our focus letters. Free choice play is always fun when we work together on building a train set project.



This term we have been very busy learning about Money during Numeracy and have particularly enjoyed working with dice that show the coins we have been learning about. We are now moving on to learning about schedules, sequencing and time.



Playing the Wii on wet weather days continues to be a favourite activity and this term Wii Dance has been a popular choice. We have also had lots of fun exploring the term topic 'Then and Now' and have particularly enjoying visiting the display in Room 2 that has allowed us to explore things from the past. We were able to dress up and also to experiment with older ways of communication such as older style telephones, letter writing with ink style nib pens and an old typewriter. This week we enjoyed sitting on the saddled 'horses' displayed in the room.

From the Room 1 Team: Cas P, Madi M & Marnie S



R U OK? Day (Thursday 14 September, 2023) is our national day of action dedicated to reminding everyone that any day is the day to ask, 'are you OK?' and support those struggling with life.

Like good friends, some things are just better together. The support of a good mate can help someone feel connected and supported as they navigate life's ups and downs. Got a feeling that someone you know or care about it isn't behaving as they normally would? Perhaps they seem out of sorts? More agitated or withdrawn? Or they're just not themselves. Trust that gut instinct and act on it

By starting a conversation and commenting on the changes you've noticed, you could help that family member, friend or workmate open up. If they say they are not OK, you can follow our conversation steps to show them they're supported and help them find strategies to better manage the load. If they are OK, that person will know you're someone who cares enough to ask.

GETTING READY TO ASK

Before you can look out for others, you need to look out for yourself. And that's OK. If you're not in the right headspace or you don't think you're the right person to have the conversation, try to think of someone else in their support network who could talk to them.



AM I READY?

- Am I in a good headspace?
- Am I willing to genuinely listen?
- Can I give as much time as needed?



AM I PREPARED?

- Do I understand that if I ask how someone's going, the answer could be: "No, I'm not"?
- Do I understand that I can't 'fix' someone's problems?
- Do I accept that they might not be ready to talk? Or they might not want to talk to me?



PICKED MY MOMENT?

- Have I chosen somewhere relatively private and comfy?
- Have I figured out a time that will be good for them to chat?
- Have I made sure I have enough time to chat properly?



1. Ask



2. Listen



3. Encourage action



4. Check in

Find tips at ruok.org.au

Useful contacts for someone who's not OK

If your life is in danger or you're concerned for your own or someone else's safety please call 000.

You can find support by contacting your local doctor or one of these crisis lines available 24/7.

Lifeline

13 11 14

lifeline.org.au

Beyond Blue

1300 224 636

beyondblue.org.au

Suicide Call Back Service

1300 659 467

suicidecallbackservice.org.au

Mensline

1300 789 978

mensline.org.au



ROOM 8 NEWS

Kitty, Bridget and Heidi



We have reached the week 7 of term 3 and can't believe how time is flying by. This week we celebrated Book Week, one of the most exciting elements of book week was our book parade. It was fantastic to see all the wonderful costumes and various characters our students love from reading.

In numeracy, money was our focus for the first 4 weeks, this has included recognising money and their amounts. Students had the opportunity to look at various catalogues from Coles, Aldi, Woolworths and adding the total of certain items and role playing where they had to count out money at the registers. Students are learning about clock/time and features of analogue and digital clock. In Literacy, students are learning about poetry and in writing students are learning to use technology for their writing skills.

Students have also enjoyed outings within Albury/Wodonga. Students particularly enjoyed their outing to Wonga wetland and Hyphen library. During this outing we enjoyed exploring the library and looking at the fun books. Students have spent the past Friday afternoons having fun at cooking various recipes. We have recently made sausage rolls, mini pizzas, and milkshakes.

Our term topic is Gold Rush, Students are learning about differences and similarities between students' daily lives and perspectives of life during their parents' and grandparents' childhoods, including family traditions, leisure time and communication.





Dear Parent/Caregiver,

Your child has been offered an opportunity to attend this year's Special Children's Christmas Party. The party is for children only with Special Needs, where they can enjoy just being a 'kid' again, there will be lots of rides, face painting, activities, a 3-hour stage show, yummy food, presents and Santa of course! all provided completely free!

This year's party is being held at:

**The Wodonga Sport & Leisure Centre
Saturday 18th November 2023
10am – 1pm**

If you are interested in your child attending this year's Party, please send this form back to your school or organisation that informed you about the Party. Your School or Organisation will then get in touch with the organisers of the Christmas Party to register your interest and perhaps you might be lucky to receive an invitation!

If you have any further questions about the event, you may view our webpage at www.sccpau.com.au/faqparents There you will find a list of commonly asked questions.

Remember, this is only a request for an invitation, not a guarantee that you will receive one. Each year, we have over 3,000 requests for children to attend and it's not possible to accommodate that many children with Special Needs.

This form needs to be back to your school or organisation before 9th September 2023.

☐

Yes, I would like to register my interest for my child to attend.

Child's Name:

Age: (must be under 12 years)

Gender:

(Although most gifts are gender neutral, this will allow us to match up a gift with the gender identified).



Repair Café

Toss it? No way!



OUR NEXT SESSION IS: 2nd September 2023

What do you do with broken household items?

You can fix them at the Repair Café!

Our experienced repairers will help you repair them –
for free!

**First Saturday of the month,
10am to 1pm
Senior Citizens Centre,
15 Havelock Street, Wodonga**

Proudly supported by

HalveWaste
reduce • reuse • recycle
www.halvewaste.com.au

For more information follow our Facebook page or visit ecoportal.net.au



**Are you a school leaver with a NDIS plan?
Unsure what your options are? Come and
meet with Omnia Inclusive Employment
Solutions, and explore your options for study,
work, social and independence!**

Are you looking for opportunities to try new experiences?
Want to establish stronger community connections or
develop independent living skills and find
employment....Omina can assist.

We offer School Leavers Employment Supports, where
step by step, we help young school leavers enhance their
skills and confidence and support the journey to
employment, further education or greater independence.
We offer a free sample day, where you can come along and
trial a day with Omina.

Interested

Call Nicki Lihou on 0409146295 or

Send an email to nicki.lihou@omnia-inclusive.com.au

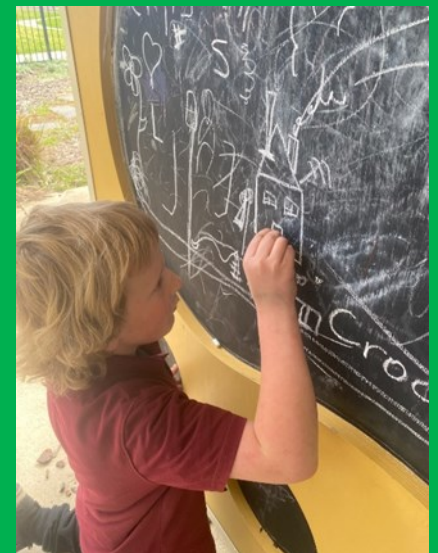
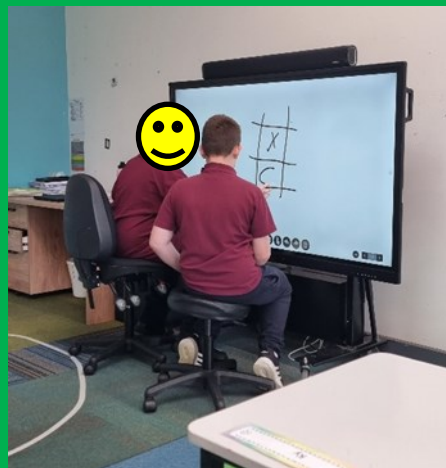
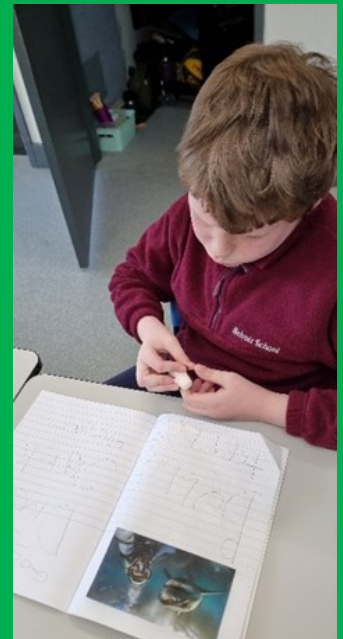
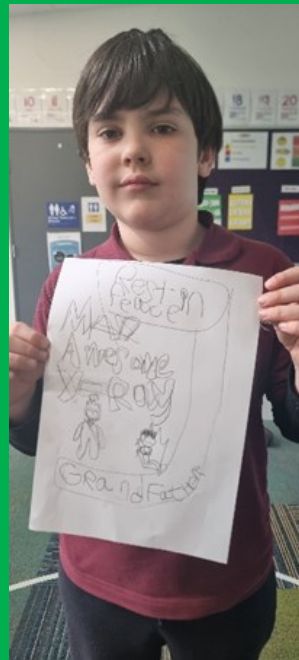
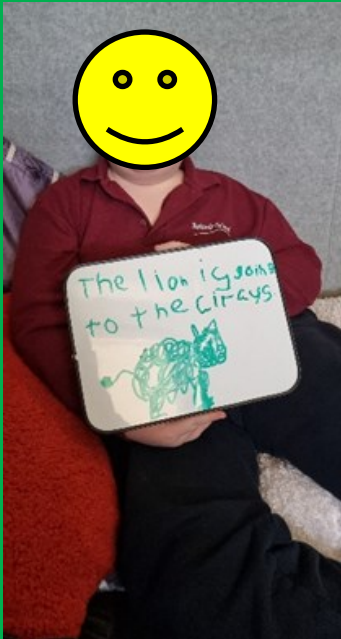


ROOM 9 NEWS

Erica, Lynsey, Sian & Judd



What a wonderful term we have had in room 9. This term students have been working on their writing during literacy, using descriptive language. During our term topic students have been learning about the gold rush, in the coming weeks we will have the opportunity to try panning for some 'gold'. In math students have worked on recognising and adding money and identifying analogue and digital times. During relaxation students have been working on their social skills, and their patience/perseverance whilst completing some 1000-piece puzzles. We are all looking forward to the last two weeks of term and enjoying the springtime weather.



BELEZA ONLINE SALE



15% OFF

BELEZA BRANDED PRODUCTS ONLY

1ST - 15TH OF SEPTEMBER

<https://beleza.com.au/online-store/>

ONLINE ONLY EXCLUSIVE FROM 1/09/2023 TO 15/09/2023 11:59PM AEST
DISCOUNT OFF RRP | NO FURTHER DISCOUNTS APPLY

Need help to make sense of your NDIS Plan?

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Call to book your
**FREE Understand
Your Plan Session**
with an expert
plan manager.

In your session we'll:

- help you understand the funding in your NDIS plan
- explain the different budget categories
- discuss the kinds of supports you can use
- share tips and tricks about how the NDIS works.

It doesn't matter if you're self-managed, NDIA-managed or with another plan manager.

Call to make your
booking today.

We also have a huge
library of NDIS news
& disability-related
stories, PLUS the
NDIS ebook series!



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KIDS SHOWS WITH MARTIN HEPPELL
TOURING VICTORIA SEPTEMBER 2023

THE

**RESILIENCE
PROJECT** TM

3 HAPPY TRICKS

THE CUBE
20 SEPTEMBER
Wodonga



TICKETS AT [LIVENATION.COM.AU](https://livenation.com.au)

LIVE NATION

Download our school app for free!



- Instant news notifications
- Online absentee forms
- Events and reminders



Download instructions:

1. Go to the App Store and download "School Stream" to your phone.

2. Open the app and type the school's name into the search bar to load the school's profile.

3. Make sure you agree to Push Notifications when prompted.