

# Belvoir Special School Newsletter



38 Gayview Drive, WODONGA, 3690

## Welcome Back

Welcome back to all families following the holidays. It was great to see all staff and students back on deck following the holidays and the rain that we have had over the last couple of days has certainly freshened up the grounds and is making the grass start to grow.

## Transition

The school will begin the transition program for 2023 shortly. There will be a number of students who will transition from the school to other schools and a number of others outside Belvoir will come in during the term for transition visits.

Our formal transition program will take place in late November for our Foundation students and any new students to the school. Our whole school transition morning sessions will be held on Tuesday 29<sup>th</sup> Nov, Tuesday the 6<sup>th</sup> and 13<sup>th</sup> of December. Individual transition programs will be organised for those students moving from the school and these will commence once schools are ready to go ahead.

## Hats

A reminder to all families that every student needs to be wearing a sunsmart hat during fourth term when they are out in the yard or out of the school. Hats need to be either the bucket style or broad brimmed. Caps are not accepted as a sunsmart hat and while students do wear these to school, they need to have a hat to wear once they are here.

### DATES TO REMEMBER

School Photos  
October 10

Yr 7 & 10 Immunisations  
October 10 @ 10.30 am

Dental Visit  
October 10- 14

Athletics Carnival  
October 27

La De Da Day  
November 1

Graduation  
November 10

### Dyson's Bus Numbers:

BUS 1: 0408691885

BUS 2: 0417041196

BUS 3: 0407563474

BUS 4: 0408698635

Belvoir Bus: 0431756813



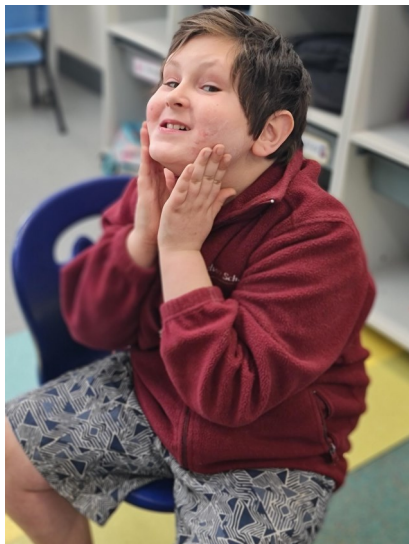
# ROOM 2 NEWS

Lara & Tulashi



Room 2 has been getting back into our school routine after a well deserved rest. Being Term 4, we have reintroduced our SunSmart activities getting ready for when it warms up.

This week we have looked at how to apply sunscreen 30 minutes before going outside, wearing our hats to the playground and wearing protective clothing so we are protected from the sun. We have set up a sunscreen station with mirrors and our step by step visuals for applying sunscreen.



# ROOM 12 NEWS

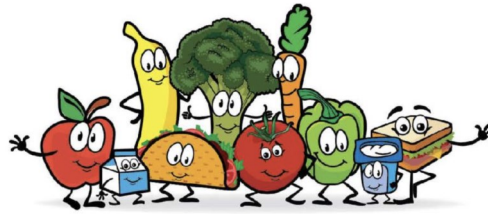
Tonia & Clare

During Term 3 students in room 12 learnt about all the big Icon around Australia and where lucky enough to go visit the Big Ned Kelly in Glenrowan on one of their excursions. Room 12 also did a research project on an icon they chose and presented at Green Pods end of term presentation on all Big Icons around Australia. Room 2 was lucky enough to participate in the Snow and Ice show and really enjoyed seeing what they had made.

This term we are looking at dreamtimes stories and what they mean. This week we have learnt about 'The Echidna and the shade tree.' Our term topic for the semester is all about Myths and Legends and room 12 are looking forward to reading about the legend of Robin Hood.







## School Canteen Term 4

Hello Belvoir community, as part of Orange Pod programming, we are trialling a school canteen every second week starting in week 2.

Order forms will go out the week before and order and payments will be due back the Monday before the canteen offering so purchases can be filled. The date the food will be available is listed as well as the date the forms and money are due back.

At this stage the canteen is running to cover costs to allow the students to prepare for running a full school canteen in 2023.

The canteen will run in weeks 2, 4, 6 & 8 with the order forms going out in week 1, 3, 5 & 7.

If there are any further questions around this, please call the school to make arrangements.

## Belvoir Carers: Connections & Coffee



**What:** An opportunity to catch up with other members of the Belvoir School Community in an informal, relaxed, inclusive setting.

**Who:** Any parent, carer or guardian with a student currently enrolled at Belvoir & members of the Belvoir Wellbeing team.

**Why:** After 2 years of isolation, its time to regain some social connections. Let's get together once a fortnight to enjoy coffee & company. In the following months, Belvoir Special School hope to have special guest speakers attend to provide a variety of information on different subjects eg: Navigating the NDIS,

**When:** Every fortnight on Wednesday from 9:15am to 10:15am during the school term – beginning Wednesday October 19<sup>th</sup>

**These sessions will be held of the following dates.**

19/10

2/11

16/11

30/11

14/11

**Where:** Life Skills House @ Belvoir Special School.

Would love to attend? Then Please return the slip below, alternatively there will be a google form posted on the Belvoir Facebook page and Seesaw.

Please feel free to call the school and ask to speak with any member of the wellbeing team, who can answer any questions as well.

\*\*Coffee to be provided by Mouse Tails Espresso van by pre-order

Tea/instant coffee & light nibbles provided by the Belvoir Wellbeing Team\*\*

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## Belvoir Carers: Connections & Coffee

Your name: \_\_\_\_\_

Your child/ren: \_\_\_\_\_

☐ Would love to attend

☐ Maybe next time

Coffee order: \_\_\_\_\_

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# Awareness. Belonging. Connection.

Mental ill health is a growing problem in Australia – one that has been made worse by the COVID-19 pandemic. Looking after your mental health and wellbeing, and knowing how to support others, has never been more important. Good mental health is when we can cope with the stressors of our daily lives, participate in loving relationships, contribute to our community, and work towards our goals. Everyone has mental health. And we can all benefit from looking after our own mental health and the mental health of our communities.

This World Mental Health Day – October 10 – the message is simple: **“Look after your mental health, Australia.”**



## Strengthening Children and Teens Against Anxiety:

Register for Free

Wednesday the 19<sup>th</sup> of October 6-8pm

La Trobe University Campus, Wodonga

Anxiety is a very normal part of being human, but for as many as one in five children it can reach intrusive levels, interfering with family life, friendships and school performance. This transformational session will provide parents and carers with the essential information and powerful, practical strategies to help their children and teens thrive through anxiety. Join author and renowned speaker, Karen Young, for an impelling and relatable presentation on anxiety.

To Register: [https://www.eventbrite.com.au/e/strengthening-children-and-teens-against-anxiety-tickets-419309083757](https://www.eventbrite.com.au/e/strengthening-children-and-teens-against-anxiety-tickets-419309083757?fbclid=IwAR2z4tJPBuCiO_J6UOI_YtBTW8G0JWS6iaUyMOD-km91pJz_U9MKQgxLQcc)





### **School Immunisation Program: Belvoir Special School**

School immunisations are being conducted at this school on **Monday 10<sup>th</sup> October 2022**.

The following vaccines will be offered on this day:

<b>YEAR LEVEL</b>	<b>VACCINES OFFERED</b>
YEAR 7 MALE & FEMALE STUDENTS	GARDASIL9 (HPV) DOSE 2 FINAL DOSE
YEAR 10 MALE & FEMALE STUDENTS	MENINGOCOCCAL ACWY – ONE DOSE ONLY

These vaccinations are funded as part of the Victorian Secondary Schools Immunisation Program. Should your child miss out on starting their vaccination course this year they may not be eligible to receive them for free in subsequent years in the school program.

**Please ensure that your child is wearing their sports uniform or a short sleeve shirt on the vaccination day (without any long sleeved layers underneath), this will enable a smooth vaccination process.**

Parents/guardians who wish to withdraw their consent for any reason may do so by emailing your withdrawal of consent to the school and to Council's Immunisation Team on [immunise@wodonga.vic.gov.au](mailto:immunise@wodonga.vic.gov.au) before the vaccination day.

If your child has been vaccinated elsewhere and you have not already done so, please notify council's immunisation team on 1800 655 360.

If you DO NOT wish for your child to receive any further vaccinations or if you have any enquiries about the program or your child's vaccinations, please contact Wodonga Council's Immunisation Team on 1800 655 360.

#### **Year 7 Students**

Consent cards for Year 7 students should have already been signed and completed for these vaccinations earlier this year.

If your Year 7 child missed the first dose of vaccines please contact council's immunisation team on 1800 655 360 to obtain a consent card (if consent card previously not returned). This completed consent card must be returned on or before 10 October 2022. Council can administer the first dose of vaccines at school if we have a signed consent card. To complete the vaccine course, students should attend a council immunisation session or their GP, 6 months after dose 1 was given.

#### **Year 10 Students**

Consent cards for Year 10 students were recently distributed for Meningococcal ACWY. Year 10 students who have NOT returned a Meningococcal ACWY consent card may obtain a spare consent card from the school office or by contacting Wodonga Council's Immunisation Team on 1800 655 360. This completed consent card must be returned to school on or before 10 October 2022.