# 10th September, 2021Issue 28PHONE: 02 6059 8987Belvoir Special School Newsletter

38 Gayview Drive, WODONGA, 3690

This week was Wellbeing week. Staff and students have been participating in a wellbeing Bingo, we celebrated R U OK day on Thursday and Friday. It was wonderful to see so many staff and students dressed up in yellow and uploading their photos on Seesaw.

Next week is New Skills week. We are putting out the challenge of trying something new each day and uploading some of your new adventures on Seesaw. Keep an eye out on seesaw to what new skills our leadership teams have been learning. We will finish the week by celebrating all our footy teams. On Friday the 17<sup>th</sup> we ask everyone to dress up in their footy colours and take a photo to post on Seesaw.



### DATES TO REMEMBER

<u>Athletics Carnivals</u> POST-PONED Thursday, 2nd September—till Term 4

#### <u>Deb Ball</u>

Friday, 5th November Purchase Tickets until Friday, 15<sup>th</sup> October

> <u>Last day of Term 3</u> Friday, 17th September

Term 4 Start Date Monday, 4th October

Dyson's Bus Numbers: BUS 1: 0408691885 BUS 2: 0417041196 BUS 3: 0407563474 BUS 4: 0408698635 Belvoir Bus: 0431756813

Pennie Moffat

### Covid Update—Remote Learning

From Friday 10<sup>th</sup> September students in their first 3 years of school or final year of school will be able to attend on site.

For all other students, the remote learning rules still apply. Therefore you must complete an Onsite Supervision Request to access on site supervision.

### Planning for 2022

We are currently taking enrolments for 2022. If your child is not going to attend Belvoir in 2022 could you please notify the office.



Do we know how the people in our world are really going? Sometimes it's hard to tell. Thursday 9 September is **R U OK?Day** – and a reminder we need to stay connected and make asking "are you OK?" part of our everyday. That way if someone we know is struggling with something big or small they'll know we care. When we genuinely ask, "are you OK?" and are prepared to talk to them about how they're feeling and

what's going on in their life we can help someone who might be struggling feel connected and supported, long before they're in crisis. Don't wait until someone's visibly distressed; make a moment meaningful today and ask "are you OK?".

### Meaningful moments to talk about life's ups and downs are more likely to happen when we're spending quality time together. Some good opportunities for talking include:

- On breaks from work or study.
- When exercising together.
- When connecting or doing activities together online.
- When you're spending time together socially.
- When you're doing an activity side-by-side.
- When you're sharing a meal.
- When you're travelling together, even a short trip can be a good time to talk.

To spread this message, we'll be sharing information and resources that will help you make a moment meaningful by asking the people in your world how they're really going.

Are they *really* OK? Ask them today. A conversation could change a life. If you need immediate crisis or emotional support you can contact Lifeline on **13 11 14.** 

R U OK? is a national charity dedicated to inspiring all of us to have regular, meaningful conversations to support anyone struggling with life's ups and downs. You can find conversation tips at <u>ruok.org.au</u>



8/09/2021



Dear School Community,

#### Retail Stores Opening Post-Lockdown

We're pleased to let you know that following the Victorian Government's press conference earlier today, we'll be reopening all regional Beleza stores this coming Friday the 10<sup>th</sup> of September.

Our Wodonga store is usually closed on Saturdays, but we'll be opening the store this coming Saturday for some extra availability coming out of the lockdown. The trading hours will be as follows:

#### Saturday 11<sup>th</sup> of September: OPEN 9.30AM TO 12.30PM

Additionally, while we typically close our stores in the first week of school holidays, we'd like to inform you that we'll remain open for all of the upcoming holidays to ensure we're available for any families who've missed out on getting uniforms during the lockdown.

We'd like to thank you again for your understanding during lockdown closures, and look forward to having you in store again soon!

Kind regards,

Beleza School Uniforms

# HAMPER DRIVE

### Friday 10 September 11.30am - 2.30pm

Lauren Jackson Sports Centre 229 North St, East Albury











#### FoodShare's Hamper Drive is coming to Albury!

The long-term impacts of restrictions imposed from the coronavirus and the current cross-border lockdowns is placing a significant strain on families in the Albury-Wodonga region.

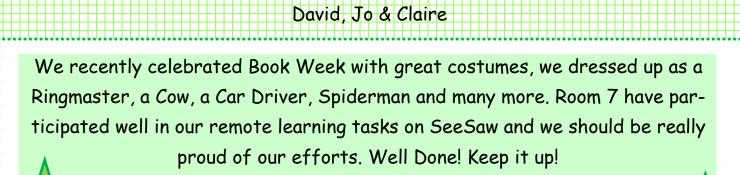
The FoodShare volunteers have packed 150 hampers containing non-perishable food items such as cereal, pasta, rice, recipe bases, canned food, tinned fruit, tea, coffee, and long-life milk etc to support those in our community experiencing financial hardship.

The pre-packed food hampers will be available to local residents in a contactless COVIDSafe manner from the Lauren Jackson Sports Centre (229 North St, East Albury) between 11.30am and 2.30pm on Friday 10 September 2021.

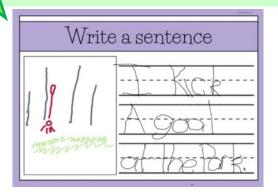
With no sector, demographic or age group immune to the immediate and flow-on effects of COVID-19, this service is accessible without any assessment, to anyone that visits the drive-thru facility seeking food relief support.



Phone02 6059 5555Emailcommunity@foodshare.org.auWebwww.foodshare.org.au



Room 7 News

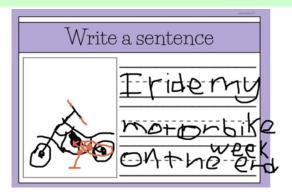






and he dive and swim so fast and dia back strokes and race his holl week.













# Room 14 News

### Ellissa, Tracy, Sarah & Majella

This term we have been learning about and researching countries and their festivals. We had to look up food from each country and figure out what we would need to make those recipes. We discovered that in Japan they eat Teppanyaki!

Before remote learning happened, we went to the life skills house for a Teppanyaki cooking and dining experience. We set the table ready for our meal, then made the food. We tried a few different foods like miso soup with ramen, fried rice, chicken and kewpie mayonnaise. The staff in our room made us catch some of our food before we could eat it! Lucky our catching and cleaning up skills are pretty good.



# Room 23 News

### Scott W, Pat & Jess

Orange Pod have a mixture of students working both remotely from home and onsite. All students are using SeeSaw to complete the same activities, and are doing a terrific job doing so.

The combination of rain and warm, sunny days has seen an explosion in the grass growth at school. There has been a variety of students getting out with the lawnmowers and doing their best to keep our wonderful school looking clean and tidy.



Staff attending onsite in Orange Pod have taken it upon themselves to entertain the students and staff in the school by holding "Fun Friday" dress ups. This Friday all students will be able to join in by wearing crazy yellow clothes to celebrate RU Okay? Day.



### Bowling Fun – for under 31's

A social bowling group for young people who sometimes need support

(due to disability, shyness or lack of opportunity)

2 Sundays each month (2<sup>nd</sup> and 4<sup>th</sup> Sundays)

At Wodonga Ten Pin Bowl Sanyo Drive (new management)

Auto gutter guards available

Arrive from 1.45pm Bowling starts at 2pm \$12 for 2 games

The aim of this group is to meet other young people, have some fun and get better at ten pin bowling

Please bring your own support person if required This is a privately organised group – no formal supports provided

> Our very first date is Sunday 14<sup>th</sup> February Hope to see you there!!

Sunday 14<sup>th</sup> February Sunday 28<sup>th</sup> February Sunday 14<sup>th</sup> March Sunday 28<sup>th</sup> March Sunday 25<sup>th</sup> April Sunday 25<sup>th</sup> April Sunday 9<sup>th</sup> May Sunday 23<sup>rd</sup> May Sunday 13<sup>th</sup> June Sunday 27<sup>th</sup> June Sunday 11<sup>th</sup> July Sunday 25<sup>th</sup> July Sunday 8<sup>th</sup> August Sunday 22<sup>nd</sup> August Sunday 12<sup>th</sup> September Sunday 26<sup>th</sup> September Sunday 26<sup>th</sup> October Sunday 24<sup>th</sup> October Sunday 24<sup>th</sup> November Sunday 28<sup>th</sup> November

Please call the Centre on <u>60247022</u> or message Judith on <u>0402043730</u> to book in with name and age of bowler (no-one over 30 please)





# COVID-19 ACCINATION

# Safe. Effective. Free.



# **Pop-Up Vaccination** Clinic coming to **Albury**!

All LiveBetter staff, local people with a disability and household members of both. Or direct support workers from any disability service provider.

When: 16th - 20th August

 Where: 432 Townsend Street, Albury



Who:

### What to bring:

- Medicare Card 0
- Consent Form: download via Q.
  - QR code or printed versions will be available on the day Photo ID

https://www.health.gov.au/resources/publications/covid-19vaccination-consent-form-for-covid-19-vaccination



## **Book** in here:



https://bit.ly/AlburyClinic

The clinic will be back in 21 days to give the second dose - bookings for this will be made on the day of your first appointment



# School's Web Page!

As many of you may already know, Belvoir has created a Web page. You can access the page by going on to

https://www.belvoirss.vic.edu.au/

This page is used to promote events, share information and showcase achievements of classes and individual students. We would love for you to share this page with your friends and family so that everyone can see the great things happening in our school.

## CONTACT DETAILS

Could all families please make sure that they inform the school office whenever they have any changes to any of their

contact details e.g.. home/mobile phone numbers, change of address etc.

It's extremely important that we have up to date information in case of

emergencies. Please contact Andrea or Hannah on

6059 8987 if you have any changes.

### TERM DATES

\* Last day of Term 3

Friday, 17th September

\* <u>Term 4 Start Date</u>

Monday, 4th October